

Canada Working Parents Resource Guide

AECOM Canada Benefits

Care.com

Care.com makes it easier for you to find caregivers for your home and your family (children, elderly adults and pets).

[Learn more](#) or call 855.781.1303.

GuidanceResources Employee Assistance Program (EAP)

The EAP provides confidential and professional assistance, including counseling services, financial advice, legal assistance and other well-being resources, to help you and your family resolve personal challenges. [Learn more](#) or call 800.497.9096.

Back-to-School Resources

Visit the [Back-to-School Resources page](#) at [benefitsatAECOM.com](#) for an extensive list of ways your AECOM benefits can provide back-to-school support for you and your family.

Educational Websites and Apps

- [Duolingo](#) – Learn a language in just 5 minutes a day with game-like lessons
- [Calm App](#) – Meditation and sleep stories
- [CBC Kids](#) – Educational games, blogs and videos
- [Funology](#) – Science experiments, recipes, games and more
- [Cosmic Kids Yoga](#) – Videos for kids ages 3 and older
- [Open Culture](#) – Free educational resources for K-12 students
- [Camp Kinda](#) – Weekly learning adventures and daily activities
- [Summer Learning Family Toolkit](#)
- [Khan Academy](#)
 - [Khan Academy Kids app](#) (includes hundreds of books to read or listen to)
 - [Reading and Languages Arts](#)
 - [Art History](#)
 - [Computer Programming](#)
 - [Fun Writing Prompts for Learners of All Ages](#)
 - [Imagineering in a Box](#)
 - [Teach Creativity with Adobe and Khan Academy](#)
 - [Circle Time Videos for Early Learners](#)
 - [Printable Activities for Parents and Teachers](#)



Helpful Articles

- [23 key questions to ask when interviewing a tutor](#)
- [Take a relaxation break](#)
- [Pros and cons of filling kids' free time with activities](#)
- [See back-to-school articles on benefitsatAECOM.com](#)