



GuidanceResources®

Emotional Support

Your GuidanceResources® Programme Can Help

Personal setbacks, emotional conflicts or just the demands of daily life can affect your work, health and family. With help from your GuidanceResources® programme, they don't have to. This company-sponsored benefit is available to you and your family members at no cost and gives you someone to talk to when life's challenges threaten to overwhelm you. Call any time and our highly trained, local counsellors will listen to your concerns and help you and your family members with any issues.

Call any time with personal concerns, including:

- Anxiety, depression
- Stress
- Grief and loss
- Life adjustments
- Relationship/partner conflicts
- And more

AECOM

COMPSYCH®
GuidanceResources® Worldwide



24/7 Live Assistance:
Visit the [Global Directory](#)

App: Download the
GuidanceResources Now app via
the [Apple Store](#) or [Google Play](#).



AECOM employees can log in directly through [Okta single sign on \(SSO\)](#). Select your country location flag, if needed.

For AECOM employees not connected to SSO or for family members of AECOM employees, visit guidanceresources.com (Company Web ID: AECOM). After entering "AECOM" you will be required to select the country you work in.



GuidanceResources®

Legal Guidance

Get the Legal Help You Need

Contact your GuidanceResources® programme to speak with a local legal expert for practical assistance with your most pressing issues. Our experts offer a free half-hour consultation per issue per year on almost any topic.

Call today for help with:

- Divorce
- Adoption
- Family law
- Wills and trusts
- Landlord or tenant issues
- And more

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GuidanceResources®

Financial Resources

Get the Expert, Objective Help You Need

You work hard for your money. Make sure your money is working hard for you. Contact your GuidanceResources® programme to speak with a local financial expert who can assist you with a wide range of issues. Our experts offer a free half-hour consultation per issue per year.

A financial expert can help you with

- Retirement planning
- Relocation and mortgages
- Bankruptcy
- Insurance
- Budgeting and debt
- And more

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GuidanceResources®

Online Support

What you want. When you want it.

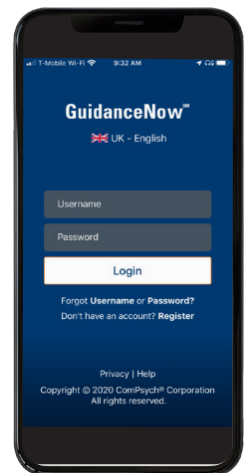
Access your GuidanceResources® services anytime, anywhere from your computer, tablet or smartphone. Our award-winning portal, GuidanceResources® Online, is your go-to site for expert information and tools on the issues that matter most to you: relationships, work, school, parenting, wellness, legal, financial, free time and much more. With 24/7 access, you can get the info you need when and where you need it.

Go online for:

- GuidanceExpertSM Directory with local access numbers for the Employee Assistance Programme
- Valuable information on wellness, relationships, work, education and other topics vital to you
- Detailed overview of services available to you and your family members

Download the free GuidanceNowSM app to gain access.

- Register as a first-time user on GuidanceResources.com using your web ID
- Download the app from either the App Store or Google Play
- Log in using your username and password



App Store



Google Play

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